



GUMNUT NEWS

Phone: 4934 3584



ASIC
Australian Securities & Investments Commission

Volume: 36

Thursday, 5th December, 2013

Dear Parents and Carers,

As the year draws to a close we would like to wish everyone all the best for the holidays. Good luck in the coming years Year 6 and we look forward to seeing most of our other families back next year.

Congratulations to our staff who are taking the next steps in their careers. Mrs Bultitude has taken a promotion to assistant principal at Dungog Public School, Mr and Mrs Tenhave are returning to the south coast where Mr Tenhave will be an A.P, Ms Lommers will undertake training to become a school counsellor, Ms Willard will become a full time creative arts teacher at Kurri Kurri Public School and Mrs Broadley will retire. We would like to thank them for their dedication to Ashtonfield Public School and wish them the best in the future.

THIS WILL BE OUR LAST NEWSLETTER FOR THE YEAR.

*Have an enjoyable holiday season,
Narelle and staff.*

OUR POSITIVE BEHAVIOUR FOR LEARNING (PBL) focus this week is to “Be Safe” and “Wear Hats”.

SMS student absences to 19910010.

Canteen open:
Mondays, Wednesdays and Fridays

Uniform Shop open:
Mondays (8.30am – 9am & 2.30pm – 3pm)
Fridays (8.30am – 9am)

REMINDERS:

- Year 3-6 swimming tomorrow. Final day for swimming next Friday, 13th December.
- Year 5 & 6 2014 camp deposit (\$70) is now overdue. Please pay before the end of term.
- Christmas cards go in the Christmas box in the foyer. PLEASE REMEMBER TO PUT THE RECIPIENT'S NAME AND CLASS ON THE ENVELOPE. Please do not include lollies/candy canes etc.

NOTES SENT HOME THIS WEEK

- Presentation Day letters have been posted to parents this week.
- Kindergarten sausage sizzle.

INTEREST IN BAND 2014

There has been an overwhelming response from students interested in our band in 2014. Unfortunately we do not have enough resources/instruments to cater for all of these students. If your child has their own instrument or you are willing to purchase an instrument for your child, please let the school know as this will ensure your child's place in the band program. Mr Thornton is currently sorting through the expressions of interest. Decisions will be made as soon as possible.

CONGRATULATIONS to Larissa (3B), Eliza (4G) and Trinity (4M). Their team came second in the National Cheerleading Championships in Melbourne last month.

END OF YEAR PARTIES

All end of year parties must be paid for by tomorrow, Friday, 6th December. Students who have not returned a permission note or payment will remain at school. All permission notes are on our website.



CLASS	DATE	VENUE	COST
KB, KC, KF, KP	Tuesday, 17 th December	School Disco, games and sausage sizzle	\$3 (party) \$2 (sausage sizzle)
1G, 1L, 1O, 1S, 2A, 2R, 2S, 2Sc	Monday, 9 th December	Hunter Sports Centre, Glendale	\$25
3B, 3BL, 3C	Monday, 16 th December	Moonshadow Dolphin Cruise, Nelson Bay	\$25
4G, 4H, 4M	Wednesday, 18 th December	Strike Bowling, Charlestown	\$25
5K, 5O, 5T	Wednesday, 11 th December	Hunter Sports Centre, Glendale	\$25
6H, 6J, 6M	Tuesday, 17 th December	Surf Fun Safe, Nobbys Beach	\$25

CLOTHING FOR SALE

Boys black dress pants (size 14) and white long sleeve collar shirt (size 14). Only worn once. Suitable for the Year 6 Farewell. Contact Terrie on 0411 441 928.

CANTEEN NEWS

The canteen **will not be selling burgers on Fridays** for the rest of the year as we do not have enough volunteers.

NEXT WEDNESDAY, 11th DECEMBER WILL BE THE LAST DAY THE CANTEEN WILL BE OPEN FOR 2013.

Volunteers needed for each day we are open. Contact Kathy on 0448 058 755 if you can volunteer.

CANTEEN ROSTER DEC 2013

FRIDAY	MON	WED
6 th	9 th	11 th
Kathy Cheryl Sue	Izzy Latha Kathy	Kathy Christine

P&C NEWS

Our next P&C meeting will be held at 7pm on Tuesday, 17th December at the George Tavern, Greenhills for a Christmas dinner. Please call Natalie on 0407 600 331 to RSVP by Monday, 16th December. We hope to see you there.

LIBRARY NEWS

Congratulations to all students who participated in this year's Premier's Reading Challenge. A total of 391 students from Kindergarten to Year 6 were able to meet the challenge. A special mention goes to two year 6 students, Sean and Emily, who have both achieved the Platinum Award for successfully participating for 7 years in the challenge. Another 40 students from our school achieved the Gold Certificate for 4 years participation, which is a fantastic effort.

Thank you to all those families, who supported the Scholastic Book Club throughout the year, by placing orders. This enabled us to gain additional new books for the library through the redemption of bonus points.

A thank you to the mums who donated their time throughout the year to assist in the library. It is very much appreciated.

Yellow reminder notices will be sent out this week, so could all parents/guardians ensure that your children have returned all library books to school, particularly if they are moving on to high school or are leaving the area. For those interested in extending their holiday reading, join in the Scholastic Summer Reading Challenge. This began on 1st December and is a competition between Australia and New Zealand students online. There are great prizes and a cool way to keep busy this summer!

Seasons readings and have a novel Christmas!

UNIFORM SHOP OPENING HOURS

Normal Trading Hours:

Friday 6th Dec 8:30 to 9:00

Extended Trading Hours:

Monday 9th Dec 8:30 to 9:00 and 2:30 to 3:00

Wed 11th Dec 8:30 to 9:00 and 2:30 to 3:00

Thurs 12th Dec 8:30 to 9:00 and 2:30 to 3:00

Fri 13th Dec 8:30 to 9:00 and 2:30 to 3:00

Please note we will be closed from Monday, 16th December and will re-open Tuesday, 28th January, 2014 and will open every day for the first 2 weeks of the school term and then continue normal trading from Monday, 10th February, 2014.

Thank you to everyone for your support over the year.
Cheryl and Kirsten, Uniform Co-ordinators

IMPORTANT DATES FOR 2014

Tuesday, 28 th January, 2014	School staff return
Wednesday, 29 th January, 2014	Students in Years 1 – 6 return
Wednesday, 29 th January – Friday, 31 st January, 2014	Kindergarten students will have pre-arranged Best Start interviews (letters will be sent to parents)
Monday, 3 rd February, 2014	Kindergarten students start



ASHTONFIELD PUBLIC SCHOOL - TERM 4 2013 CALENDAR – Draft

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Dec 10	9 Year 1 and 2 Party	10 Presentation Day Venue: HVGS	11 Hunter PSSA Presentation Y5 Party	12 Y6 Farewell	13 Final day Yr 3-6 swimming Sports Assembly (pm)	14	15
Dec 11	16 Y3 Party	17 Kinder Party Y6 Party P&C	18 Y4 Party Last day Students	19 Staff Development	20 Staff Development Last day Teachers	21	22

About Scoliosis – Information for patients and parents

What is Scoliosis

Scoliosis is a word used to describe the most common type of spinal curvature. When a scoliosis develops the spine bends sideways and rotates along its vertical axis. These changes have cosmetic and physiological effects with long-term consequences which may result in significant health problems with severe curves.

Types of Scoliosis

There are many causes of scoliosis, like there are many causes of headache. It is the doctor's task to determine which type of scoliosis the patient has.

Treatments - Surgery

The last twenty years have seen major advances in surgical techniques for the correction of spinal deformity from all causes. The basic principle is to apply some form of internal fixation to the spine and to correct the curve within the limits of safety. This may be carried out by one of many techniques but usually involves the application of stainless steel rods, hooks and screws to the spine in the corrected position and, most important, to join the vertebrae together by a spinal fusion with bone graft from the patient's pelvis. Surgery for AIS produces excellent results and where indicated can be recommended with confidence. In the long-term the only restrictions that are placed on the average patient is for participation in body contact/collision/high impact sports.

Listen to Learn!

Listening is imperative for success in the classroom

- Listening to instructions
- Comprehending when reading
- Decoding words when reading
- Comprehending and understanding maths
- Learning new concepts when introduced
- Working collaboratively in groups



What can you do to help?

- As a starting point, ensure your child's hearing is within normal limits. This can be done through community health centres (although there could be a waiting list) or you can go to a private audiologist and get it done immediately. There are limited audiologists in Newcastle that see children. **can we put in East N Holmes number or can they advertise privately in the newsletter?*
- You can help your child to become a better "listener" by training/practise. Play games that require your child to remember through listening.
 1. Regularly give 3 & 4 step instructions eg: go to the cupboard and get the muesli bars, the peanut butter, the vegemite and a plate. Get your child to repeat it back to you and count off on fingers (4 things to remember)
 2. During homework, play this auditory memory game. Simply say 5 numbers or letters in a row and ask your child to repeat them back to you.

We will put some ideas in regularly for you to do at home.

Happy Listening!

PAID ADVERTISEMENTS

Ashtonfield COMPUTER SERVICES



- New computers
- Repairs & fault finding
- Virus and malware removal
- Network setup and trouble shooting
- Broadband setup and fault finding

SPECIALS ONLINE - New computers under \$500
0466 289390 68 Chisholm Road, Ashtonfield

Like to See Your Kids More Confident in Maths?

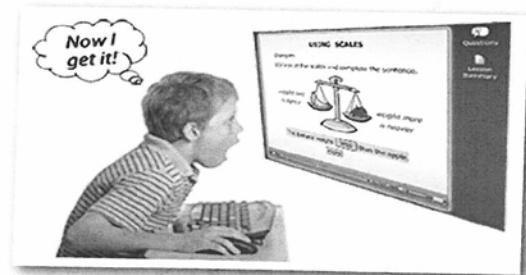
Maths rules and principles build on each other, step-by-step. If even only a few crucial building blocks are missed, maths starts to become hard and upcoming work won't be fully understood.

Kids fall further and further behind. They can convince themselves they're "no good at maths."

To prevent this from happening Maths Online's unique tutorials guide you through each maths topic, lesson by lesson.

By allowing you to pause, rewind and repeat any lesson, you can learn maths at your own speed..."Now I Get It!"

- **Easy to Use** – for students and parents
- **Weekly Progress Reports** – fantastic at seeing what kids have achieved and where they need a little bit of extra help
- **Great when kids are absent and need to catch up.**



With Maths Online's unique tutorials, you **see the lesson**, and **hear the teacher** explaining it at the same time.

Maths is so much more than just numbers. Developing confidence and problem solving skills is just as important.

Maths Online has helped thousands of Australian school kids become more engaged with their maths, rising to a new level of confidence.



PHONE 1300 88 20 45
www.mathsonline.com.au

Now For PRIMARY Too!

Introducing Denise Sampford



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Denise is your Lower Hunter specialist joining the Your Agency team. With a reputation of outstanding customer care, Denise extends a dynamic sales history with a philosophy of consistent hard work, strategic planning and personalised service.

Denise looks forward to helping you sell or buy with a level of service she prides herself on.

Competitive commission and reliable service!

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EAST 'N' HOLMES AUDIOLOGY

Diagnostic Audiology and Hearing Rehabilitation

Unit 7
57 Crescent Road
Waratah NSW 2298

Phone: 4967 1511
Fax: 4967 1533
Email: reception@enhaudiology.com.au



Holiday Sports Clinics

Sport for Life holiday programs are packed with fun, games and learning. Children will have the opportunity to try a range of sports including: Athletics, Baseball, Dance, Fitness and Gymnastics. All staff are accredited, child protection screened and trained. Classes have approximately 50 students with 3-4 coaches conducting and overseeing the programs. The programs are suitable for children between 5 - 12 years, with sporting ability's varying from first time to experienced.

Hunter Valley Grammar School
Entry is via South Seas Drive
East Maitland



Week 1.
Monday December 16th
To Friday December 20th

Sport for Life is Australia's largest provider of sport, health and Physical Education programs. School based programs run 4 terms per year offering Primary schools 5 National programs delivered by Nationally accredited coaches. All Sport for Life programs develop children's basic movement skills making it easier for them to participate in sport i.e. building their self esteem.

Daily Time Table

8:30am Drop off
9am Start
Introduction / Orientation
Games and warm UP
First Sport session
Morning Tea
Second Sport session
Lunch
Craft activity
Third Sport session
3pm Home

* Please note - Children need to bring a packed lunch



Cost: \$35 per day or \$150 for all five days
For information & bookings call 0434 823 102
or book via email on
newcastle@sportforlife.edu.au

Sport for Life is a NSW Government initiative



HELEN O'GRADY DRAMA ACADEMY 2014 MAITLAND

"Increase your child's
communication skills, self-confidence
and creative talents."
(Improvisation, Movement, Scriptwork and Productions.)

DRAMA CLASSES: Maitland Polish Hall (Established for 23 years in Maitland)

PRIMARY : 7 - 11 YEARS
YOUTH : 12 - 16 YEARS

ALSO: STUDIOS ACROSS THE NEWCASTLE REGION:

Enrolments now being taken
for 2014

(CLASSES CONDUCTED IN THE HUNTER FOR THE PAST 20 YEARS.)

Principal: Shane Skerly
Ph: 02 49 692338 for details
Email: dramacorp@bigpond.com



Vacation Care

Maitland Baptist Church Child Care Inc.

PROVIDER APPROVAL NUMBER: PR-00007689
Ph 49391840 83 - 85 Weblands St Rutherford 2320 Fax 4939 1849
ABN 94 288 377 301

19th & 20th December 2013 (Rutherford & Thornton Centres Only) - 23rd & 24th December 2013 (RUTHERFORD ONLY)
6th - 10th January 2014 (Metford, Rutherford & Thornton Centres Open)
13th - 24th January 2014 (Ashtonfield, Metford, Rutherford & Thornton Centres Open)
Pupil Free Day Tuesday 28th January 2014 (Ashtonfield, Rutherford & Thornton Centres Open)
Open 6.30 a.m. - 6.00 p.m. Monday to Friday



Quality care for Children 5-12 years, who attend infants or primary school.
Organised activities such as Craft, Sports, Indoor & Outdoor Games, Movies and Excursions.

4 convenient locations - Rutherford, Thornton, Metford and Ashtonfield.

"Child Care Benefit (CCB)" and Child Care Rebate (CCR) is available pending eligibility
Full fees will apply until CCB and/or CCR is authorised by "Dept of Human Services" (adjustments will then be made)

Daily fees after CCB range from \$5.50 (1 child with 100% CCB) to \$44.50 per child
Plus excursion fee if applicable. Fees to be paid on first day of care each week.

2014 Kindergarten Children will not be permitted to attend prior to 6th January 2014 or any Excursions during this vacation care period.

Bookings can be made at our centres and Main office
from Monday 11th November, 2013
Sorry no phone bookings

Please note: Bookings are essential and 5 FULL WORKING DAYS (Working Days are Monday to Friday, 9am - 5pm excluding Public Holidays) written notice must be given to book out or else full fees will be charged.

Supported by Community Services, Department of Family and Community Services NSW
Maitland Baptist Church Child Care Inc - "showing Jesus' love to the Community"



\$5 FROM EVERY PAIR OF SHOES PURCHASED IS DONATED BACK TO OUR SCHOOL.

THE ATHLETE'S FOOT PROVIDES A RANGE OF SCHOOL AND SPORTS SHOES.

With a shoe expertly fitted by one of The Athlete's Foot Fit Technicians, your child will have the right support for all the activities and sports they take part in every day.

The Athlete's Foot stock a range of brands including Ascent and Clarks school shoes to ensure there are options for everyone.

Even better, \$5 from every shoe purchase is donated back to our school. And this applies to your whole family across their fantastic range of school, sports, work and casual shoes.

THE IMPORTANCE OF FIT

- ☒ Every child's foot is different and they continue to develop until they're 18
- ☒ Due to continual growth and development, it's essential to get their feet measured properly every time they need new shoes.
- ☒ Every school day is filled with a range of different physical activities.
- ☒ The right fit helps performance and reduces the risk of injury and problems.
- ☒ With The Athlete's Foot highly trained Fit Technicians, getting the right FIT is easy through width options and 1/2 sizes.

**JOIN
CLUBFIT™
TODAY!**



YOUR WHOLE FAMILY CAN ENJOY SOME GREAT BENEFITS, INCLUDING:-

- 30 day Wearanty® — for a perfect fit every time.
- Earn points on every purchase to receive FREE Gift Vouchers.
- Free waterproofing service.

THE BEST FIT IS EVEN BETTER WITH ALL THESE BONUSES.

\$5 VOUCHER

PRESENT THIS SCHOOL VOUCHER WHEN PURCHASING A PAIR OF SCHOOL SHOES AT THE ATHLETE'S FOOT AND \$5 WILL BE DONATED TO OUR SCHOOL



The Athlete's Foot

Charlestown Phone (02) 4942 1848
Glendale Phone (02) 4954 4820
Greenhills Phone (02) 4933 1288

www.theathletesfoot.com.au

SCHOOL REWARDS PROGRAM

The Athlete's Foot

HELPING EVERYONE AT SCHOOL FIND THEIR FIT



The Athlete's Foot
is our recommended footwear supplier.